



# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**20  
JULY  
2025**  
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)



## 16TH SUNDAY IN ORDINARY TIME

"There is need of only one thing."  
- Lk 10:42

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

### 1<sup>ST</sup> READING

Genesis 18:1-10

*Abraham meets the Lord, is promised a son.*

### RESPONSORIAL PSALM

Ps 14:2-5. R. v.1

*The just will live in the presence of the Lord.*

### 2<sup>ND</sup> READING

Colossians 1:24-28

*Paul finds joy in suffering.*

### GOSPEL ACCLAMATION

See Luke 8:15

*Alleluia, alleluia!*

*Happy are they who have kept the word  
with a generous heart and yield a harvest  
through perseverance.*

*Alleluia!*

### GOSPEL

Luke 10:38-42

*Jesus eats at the home of Martha and Mary.*

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

#### MASS:

Wednesday, 9am  
Sunday, 9am

#### BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

#### RECONCILIATION:

Saturday, 5.00 to 5.45pm  
Church of St. Kieran

#### YOUTH MASS:

2nd Sundays of the month  
during the school term.

#### WEDDING:

Require six months notice and  
include Pre-Marriage Course as  
part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

#### MASS:

Monday, Tuesday, Thursday, Friday\*, Saturday,  
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

*\* Adoration to the Blessed Sacrament after Mass  
on Fridays.*

#### BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.  
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present  
and extend that respect to all First Nations people in our community.





# WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

## GET IN TOUCH



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2 KING STREET, MANLY VALE 2093 NSW

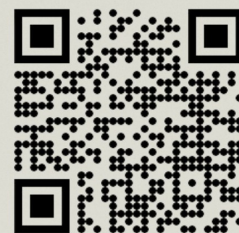


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## WHY DO WE DO THAT? Catholic Life Explained

### Question:

July 22 is the feast of Mary Magdalene. I've heard a lot of stories about her, but who was she really?

### Answer:

Mary Magdalene has been the subject of speculation and scholarship over the last 2,000 years. Mary Magdalene makes her first named appearance in Luke 8:2. She is one of several women following Jesus. Luke specifically mentions that Mary had previously been delivered from demonic possession. Whatever her life looked like before she met Jesus, it wasn't good! Because of this association with being a repentant sinner, Mary Magdalene has been associated with other similar stories in the Gospel, such as the woman caught in adultery or the woman who bathes Jesus' feet with her tears.

Mary Magdalene shows up again by name at the end of the Gospels, when she stands with the Blessed Virgin Mary at the foot of the Cross. Mary is also present in the garden of the resurrection. She is one of the woman who goes to bring spices to Jesus' tomb, where they find the stone rolled away. Mary stays in the garden weeping, believing his body has been stolen. Jesus approaches her and calls her by name, and she becomes the first witness to the resurrection! While many of the details of Mary Magdalene's life have been lost to time, she is an example of powerful conversion, deep faith, and intimate love for Christ. ©LPi

## BRINGING HOME THE GOSPEL

Martha was right: Mary, a woman living in first-century Palestine, should have been up and about cooking and serving. But as in so many other instances, Jesus ignores the social norms of his times. He tells Martha, and all of us, that it is often more important to be a listener than a doer.

Jesus wants us to be attentive to his presence, not only by spending time in prayer but also by recognising him in the people we encounter, especially those in need. Unfortunately, we are sometimes so intent on getting the grass cut that we just give a wave to our out-of-work neighbour. Or we're so busy getting a late dinner cooked that we miss the opportunity to talk to an eight-year-old who is having a really bad day.

There are always a dozen things that need to be done, and at least half of them need to be done right now. Jesus is telling us to prioritise. And when we prioritise, people always come first. So we look at the situation: overgrown grass, hungry kids, a concerned neighbour and a worried child. We know the grass can wait, and the kids won't starve. We go over to the neighbour or sit down with the child, and we listen.

When all is said and done, what does it matter if your house is immaculate and the beds are always made, or the garage is so clean you can see your face in the concrete? The bottom line is always about relationships. Jesus is telling us how important it is to take time from our busy schedules to spend time with him in prayer, yes, but also to take time to engage in attentive listening to those in need.

### FAMILY RESPONSE:

As a family, practice attentive listening. Have someone talk about a problem he or she is having at work or school. Make sure no one interrupts until the one who is speaking has finished his or her story. Ask questions to better understand the situation. Suggest solutions only if the person asks for them.

### PERSONAL RESPONSE:

Think of someone you know who is a good listener. What qualities make him or her that way? How good a listener are you? How can you be better?



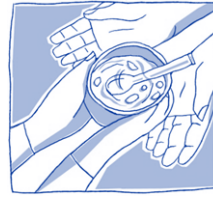
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## WEEKLY SOCIAL JUSTICE CHALLENGES

There was an old priest who had been ordained right after the Second Vatican Council. He shared with his parish that he was so excited to hear of all the ways the Church could make a difference in the world! He started a little justice group in his parish and encouraged people to go out to see what was happening in their community, to observe and ask questions to understand things better, and then to come back together to share what they learned and decide what to do about all they learned. His parishioners loved it—they couldn't wait to get out there and bring their faith to the community and make a difference. Through this very first group a homeless shelter was built, a thrift store, a soup kitchen, and a food bank started, and a literacy program launched. What a difference faith can make! Your challenge this week is to reflect on what God might be asking of you today. Go out to observe and reflect, and then gather your family, neighbours, and/or some friends and do something!



## PASTORAL CARE FOR THE HOMEBOUND

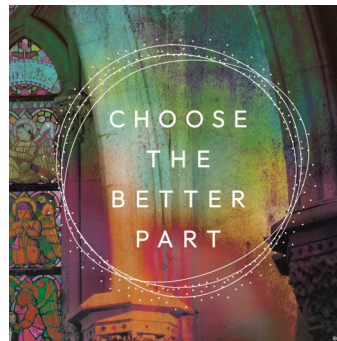
Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## CARE FOR CREATION TIPS

*"But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.'"*  
—Luke 10:40

Sometimes we can get so caught up in working for environmental causes to save the earth that we forget to sit, rest, and listen to the wisdom being imparted like Mary knew to do. This week remember what Pope Francis wrote, "Nature is filled with words of love, but how can we listen to them amid constant noise?" (*Laudato Si'* #225). Take some time this week to sit outside, rest from your work, and listen for nature's words of love.

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## SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

**BUSINESS HOURS:**  
PARISH OFFICE—9949 4455

**AFTER HOURS:**  
(Evenings & Weekends)  
0490 898 464



**Lily Winslow Gray**  
Daughter of Phillip & Amy  
**Scarlet Natalie Dimauro**  
Daughter of Salvatore & Bianca

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Margaret DeGioia, Odette James, Greg Hyde, Joyce Arnold,  
Peter and Jan Van de Velde, Cecilia Yeung

### RECENTLY DECEASED:

Helen Mary Barr, David Phillips, Judith Hegarty,  
Raymond Gething, Errol Abbott

### ANNIVERSARIES:

Andre Catteau, Kathy Davie,  
Peter Goldston, Raymond Laurendet

Our community would love to pray for you.  
If you have an intention you would like to be included in this bulletin please e-mail  
office@nhcatholic.org.au



## HAPPENING NEXT WEEKEND

*in our Parish*

### Children's Liturgy of the Word

9:00AM, Sunday 27 July, St Cecilia's Church

9:30AM, Sunday 27 July, St Kieran's Church

5:00PM, Sunday 27 July, St Kieran's Church

*Children participate in hearing the Gospel, activities, music and song before returning to Mass.*

## PARISH FAMILY MASS

Sunday, 27 July | 5:00PM  
St Kieran's Manly Vale

CHILDREN'S LITURGY OF THE WORD | SUPPER AFTER MASS

Feel free to bring a plate to share during supper after Mass. Suggestions include pasta, rice, casseroles, or garlic bread. Please leave all food in the Parish Centre prior to Mass and take home any leftovers when you leave.

Thank you!



### Pope Leo BOOK LAUNCH

Thank you to all who attended and showed their support at the book launch at St Kieran's last weekend!

If you didn't get a copy of the book and would like to purchase one, please visit the Parish Office.



\$35

*Limited copies available  
in Parish Office*



Sun 10 August, 2025

St Kieran's Catholic Church

2 King St., Manly Vale 2093 NSW

All welcome!

followed by a sausage sizzle  
& light refreshments



### POPE LEO XIV'S PRAYER INTENTION FOR JULY

*FOR FORMATION IN  
DISCERNMENT*

Let us pray that we might again learn how to discern, to know how to choose paths of life and reject everything that leads us away from Christ and the Gospel.

### HEALING MASS: SUNDAY 10 AUGUST

6:00PM, SACRED HEART PYMBLE

COME ALONG TO THIS SPECIAL MASS WITH HEALING MINISTRY BY ALAN AMES. ALAN IS AN AUSTRALIAN CATHOLIC HEALER WHO HAS SHARED HIS STORY OF CONVERSION AND HIS MINISTRY ALL OVER THE WORLD. FLYERS WITH MORE INFORMATION ARE AVAILABLE IN OUR CHURCHES.





27 JULY 2025

## WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

*Please join us  
for a special blessing  
at our Masses next weekend.*

## ANNOUNCEMENT

The third stage of the upgrade to St Kieran's sound system will take place from **28 July -1 August.**

To allow technicians full access to the church, Masses over these days (Mon, Tue, Thu & Fri) will be held in **Centre 1** of the Parish Centre.

Wednesday mass at St Cecilia's **will not** be affected.



**BAGS OF LOVE** *Painting Morning Tea*

**11AM-12:30PM**

**SUNDAY 10 AUGUST, ST KIERAN'S MANLY VALE**

**FOR CHILDREN AND THEIR GRANDPARENTS**

COME AND PAINT A BAG TOGETHER - IT'S YOURS TO KEEP!  
HELP COVER THE COST OF MATERIALS - DONATE ON THE DAY

RSVP TO PARISH OFFICE  
[office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)

## COMMEMORATIVE TEASPOONS FOR SALE

Celebrating the Jubilee  
Year and the Papal Election

**LIMITED STOCK**

Available for \$30 for a set  
from the Parish Office



## CROSSWORD PUZZLE

*We welcome Jesus with generous hearts*

## ACROSS:

- 2: to have hurt feelings  
 5: the sister of Martha  
 7: better than anything else  
 8: selected  
 10: followers of Jesus  
 12: concerned

## DOWN:

- 1: moving from one town to another  
 3: the opposite of brother  
 4: hearing  
 6: something important that must be included  
 9: to be given a friendly greeting  
 11: chores, labour, to be productive

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## Sharing the Gospel

When company came, Martha hurried to get the house ready. She made sure the food was cooked. She set the table with cups, dishes, and silverware. She put clean sheets on the beds. She emptied the trash. Mary didn't worry about all that. She stopped everything to listen to her visitor. If your house is neat all the time, you can relax and talk with your guests. Then you can cook dinner together.

## Prayer

Lord, I want to stop working to listen to my visitors.

## Mission

I will sit on the front doorstep and talk with Jesus every morning.

©LPi

Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

**SAFEGUARDING**  
is everyone's responsibility



**COLOR**

Read the Gospel of the week and color the image.







*I thank You, O Lord, my joy and my glory, my hope and my God. I thank You for Your gifts to me. Keep them unharmed for me: they will be the making of me, and I shall be with You for my being in Your gift.*

Confessions 1, 20  
- St. Augustine of Hippo

## NEXT WEEKEND (27 JULY 2025): 17<sup>TH</sup> SUNDAY IN ORDINARY TIME, YEAR C

### 1<sup>ST</sup> READING

Genesis 18:20-32

*Abraham intercedes on behalf of Sodom.*

### RESPONSORIAL PSALM

Ps 137:1-3. 6-8. R. v.3

*Lord, on the day I called for help, you answered me.*

### 2<sup>ND</sup> READING

Colossians 2:12-14

*God pardoned our sins through the death of Christ.*

### GOSPEL ACCLAMATION

Romans 8:15

*Alleluia, alleluia!*

*You have received the Spirit which makes us God's children, and in that Spirit we call God our Father. Alleluia!*

### GOSPEL

Luke 11:1-13

*Jesus teaches the disciples to pray.*

26 JULY, 5.30PM  
ST KIERAN'S

**Senior Server**  
Louise

#### Readers

Ronda  
Val  
Phillip (R)

**Music**  
TBD

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

27 JULY, 7.30AM  
ST KIERAN'S

**Senior Server**  
Anna

#### Readers

Lea  
Tim  
Elsie (R)

**Music**  
None

**Communion Min**  
Volunteer needed

**Powerpoint**  
Olivier

**Welcomers**  
Volunteers needed

27 JULY, 9AM  
ST CECILIA'S

**Senior Server**  
Antoinette

#### Readers

Amy  
Cathy  
Sacha

**Music**  
Love Thy Ngrbr

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

27 JULY, 9.30AM  
ST KIERAN'S

**Senior Server**  
Joseph

#### Readers

Kaye  
Anne

**Music**  
TBD

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

27 JULY, 5PM  
ST KIERAN'S

**Senior Server**  
Edelvine

#### Readers

Leanne  
Christine  
Geraldine (R)

**Music**  
Emmanuel

**Communion Min**  
Volunteer needed

**Powerpoint**  
Volunteer needed

**Welcomers**  
Volunteers needed

## OBSERVANCES FOR THE WEEK OF 20 JULY

**Mon 21 July:** Monday of the 16th Week in Ordinary Time, Year 1

**Tue 22 July:** St Mary Magdalene

**Wed 23 July:** Wednesday of the 16th Week in Ordinary Time, Year 1

**Thu 24 July:** Thursday of the 16th Week in Ordinary Time, Year 1

**Fri 25 July:** St James, apostle

**Sat 26 July:** Sts Joachim and Anne, parents of Blessed Virgin Mary

## The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

### Parish Office

2 King Street, MANLY VALE 2093 NSW AUSTRALIA

P 02 9949 4455 E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) W [www.bbcatholic.org.au/northharbour](http://www.bbcatholic.org.au/northharbour)

### Office Hours

9.00am to 4pm (Tuesday to Friday)

### Churches

**Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW

**Church of St Kieran** 2 King St, Manly Vale 2093 NSW

### Parish Staff

**Parish Priest:** Fr Michael Belonio, OSA E [pp@nhcatholic.org.au](mailto:pp@nhcatholic.org.au)

**Asst Priest:** Fr Jumbim Torres, OSA E [jumbim@nhcatholic.org.au](mailto:jumbim@nhcatholic.org.au)

**Asst Priest:** Fr John Zhang E [jzhang@nhcatholic.org.au](mailto:jzhang@nhcatholic.org.au)

**Bookkeeper:** Valerie Buono E [accounts@nhcatholic.org.au](mailto:accounts@nhcatholic.org.au) (Thu)

**Parish Secretary:** Jane Filacuridi E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Tue, Wed)

**Parish Secretary:** Anne Ross E [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au) (Thu, Fri)

**Catechists, Family & Sacramental Ministries:** Ursula Halloway M 0450 101 767 E [families@nhcatholic.org.au](mailto:families@nhcatholic.org.au)

**Media & Communications:** Sophie Taylor E [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)

**Music Ministry:** Marianne Kaw-Deveza E [music@nhcatholic.org.au](mailto:music@nhcatholic.org.au)

### Resident Priests

Fr Minh-Tan Hoang, OSA E [minhtanhoang@yahoo.com.au](mailto:minhtanhoang@yahoo.com.au) (Chaplain, St. Augustine's College, Brookvale)

Fr Peter Jones, OSA E [peter.jones@osa.org.au](mailto:peter.jones@osa.org.au) (Prior Provincial)

Fr Paul Maloney, OSA E [paulmal@bigpond.com](mailto:paulmal@bigpond.com) (Retired)

Fr John McCall, OSA E [jmcosa@bigpond.net.au](mailto:jmcosa@bigpond.net.au) (Retired)

Fr Abel van der Veer, OSA E [vabelvanderveer@gmail.com](mailto:vabelvanderveer@gmail.com) (Retired)

Fr Senan Ward, OSA E [senanward@bigpond.com](mailto:senanward@bigpond.com) (Chaplain, St. Augustine's College, Brookvale)

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BALGOWLAH



Principal: Ms Louise O'Brien



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St Kieran's Catholic  
Primary School



Principal: Ms Anna Marsella



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For St Paul's Catholic College, Manly

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for your continued support.  
Thank you!



North Harbour  
PARISH

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